

***"If speech has five factors it is well spoken, not ill spoken, not blameworthy or condemned by the wise. What five? It is spoken at the right time, it is true, it is said gently, it pertains to the goal (of Dhamma practice) and it is said with a heart of loving-kindness "***

***The Buddha  
AN 5.198***

## **News from the Auckland Buddhist Vihara**

### **Wesak Celebration**

#### **The Birth, Enlightenment and Passing Away of the Buddha**

This year's Wesak celebration at the Auckland Buddhist Vihara was the most inspiring in memory. With a full shrineroom of people taking the eight precepts for a day of meditation, and unusually warm and mild weather, the atmosphere was a pleasant one for recollection and commemoration of the Buddha. Before the meal and almsround there was a Dhamma talk, and in the afternoon, the sunshine supported the mindful walk to the top of Mount Wellington. In the evening, the Vihara glowed by the light of hundreds of candles and lanterns while the children's Dhamma class gave a heart-warming musical performance (even with a surprise contemporary addition). Next was circumambulation of the Vihara and chanting around the Bodhi tree. The Bodhi tree at the Vihara is thriving with great health and growth. May our Dhamma practice thrive to the same degree. Our Wesak celebration concluded with another Dhamma talk in the evening.

Click here to look at photos of Wesak.

<http://www.vimutti.org.nz/zenphoto/wesak2010/>

# **News from Vimutti Buddhist Monastery**

Ajahn Jotipalo has returned to Vimutti after a month visiting forest monasteries in Australia. He spent time at Dhammagiri in Brisbane, Wat Buddhadhamma north of Sydney, Wat Vimokkharam and Bodhivana, both near Melbourne. While he was away much planting has been done in the newly purchased area near the stream as you enter the monastery. Caretakers Geoff and Ashley together with Ajahn Chandako, aided by warm and sunny weather, managed to complete the majority of this year's planting (750 trees and plants) in one month. A few more are planned to go in next month, and that would bring our five year total to 7815. Ajahn Chandako will soon be leaving for a month to visit family and Abhayagiri Monastery in California.

## **New Website**

After a considerable amount of work, a new website for Vimutti Monastery is up and running. The site includes some new features, allows for a greater amount of Dhamma talks and videos to be available and will be easier to keep updated. We are very grateful to George Schlemmer who worked on this as an offering to the monastery. In many ways the new site carries over the impressive work done by Wajira Dassanayake and Misa Snasel in previous years. All these people deserve much praise for their unselfish dedication of their time and effort towards this wholesome project. If you would like to have a look, see [www.vimutti.org.nz](http://www.vimutti.org.nz)

## **Carpooling**

As part of the new website, we have now set up a ridesharing system for visiting the monastery. If you would like to come to Vimutti but do not have a vehicle, or you would like to share petrol costs with others, please have a look at the carpooling page of the website. Both people looking for a ride and people who wish to offer a ride can post information on the site. Ridesharing is environmentally friendly, economical and brings people together.

Click here to see the carpooling calendar.

<http://www.vimutti.org.nz/test/visiting/carpooling#date=2010-06-04,mode=month>

## **Village of eco-hermits**

With the purchase of 11 acres of land to the east of the monastery now finalised, we have considered how that land could be of optimal benefit. A number of people have expressed the wish to live close to the monastery but retain more independence than if they were a lay guest. We have come up with a plan for a Buddhist eco-village. We envision a group of people who would lease an area of Vimutti Monastery's land for Dhamma practice. Some of these people might choose to live there as their primary dwelling, growing food and leading a quiet, meditative life, while others might choose to use their dwelling as a contemplative retreat to periodically 'get away from it all'. These would be single person dwellings that make use of environmentally friendly, natural building materials and designs. With the modern way of life facing a seriously uncertain future, this could be a viable option for some people.

There are a limited number of places available, and some have already been taken. Sites would be allocated on a first come first served basis. If you are interested and would like more information, please contact the monastery.

## **Vimutti Stupa**

For the complete details, background, architectural sketches and opportunities to be involved, please see

**[www.vimutti.org.nz/news](http://www.vimutti.org.nz/news)**

## **Upcoming Events**

**For Vimutti Buddhist Monastery and the Auckland  
Buddhist Vihara**

**Sunday, June 13, 7:30 pm**

**Dhamma talk, Ajahn Jotipalo**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt.  
Wellington**

**Sunday, June 27, 10:30 am**

**Open Day, an opportunity to meet the ATBA community**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**Sunday, June 27, 7:30 pm**

**Dhamma talk, Ajahn Jotipalo**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**Friday, July 2, 6:00 pm**

**Dhamma talk, Ajahn Jotipalo**

**Auckland University Buddhist Society**

**Venue: Graham Hill Lecture Theatre, Level 12, Auckland Hospital Support Building, Park Road, Grafton (take lift bank C).**

**Sunday, July 11, 7:30 pm**

**Dhamma talk, Ajahn Chandako**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**Friday, July 16, 6:00 pm**

**Dhamma talk, Ajahn Chandako**

**Auckland University Buddhist Society**

**Venue: Graham Hill Lecture Theatre, Level 12, Auckland Hospital Support Building, Park Road, Grafton (take lift bank C).**

**Saturday, July 17, all day**

**Good Kamma Day, our monthly working bee  
Vimutti Buddhist Monastery, Bombay**

**Sunday, July 25, 10:30 am**

**Open Day, an opportunity to meet the ATBA community**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**Sunday, July 25, 7:30 pm**

**Dhamma talk, Ajahn Chandako**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**Monday, July 26**

**Beginning of the vassa, rains retreat**

**Labour Day Weekend, October 22-25**

**Meditation retreat, with Ajahn Chandako**

**'Satipatthana, The Four Foundations of Mindfulness'**

**St. Francis Retreat Centre, Auckland**

**Understanding this central teaching of the Buddha is crucial to the Path of Awakening.**

**For registration, please contact Raja before 9:00pm, (09) 524-0270 (m) 0274-751-091**

**November 20-28**

**Meditation Retreat with Ajahn Chandako,**

**Straight from the Heart: The Gradual Training**

**Vimutti Buddhist Monastery, Bombay**

**This retreat will focus on the teaching known as the gradual training. This was the most frequently taught format in which the Buddha presented the entire path of practice. From the very beginning of being enmeshed in defilements to the end of full**

**Awakening, the gradual training systematically leads us along a complete path of purifying the heart.**

**For registration, please contact Rosalind, (09) 626-7804, hew@xtra.co.nz**

**Every Sunday 10:00-11:00am (except Open Day)**

**Chi Kung lessons with Venerable Chang Shean**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**This meditation in movement is an outstanding way**

to relieve stress, balance energy and develop mindfulness.

Sister Chang Shean is a Taiwanese Bhikkhuni who offers these lessons freely on a donation basis. All proceeds go to the ATBA.

**Every Sunday 3:00-4:30pm**

**Dhamma School**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

**Give your children a good start in life with the ATBA Dhamma School. Available for any child or teenager from the ages of 5-18. Contact Benita 09 520-1392 or Wajira 09 273-8241**

**Every Sunday, 7:30 pm**

**Meditation, chanting and listening to a Dhamma talk**

**The Auckland Buddhist Vihara, 29 Harris Rd., Mt. Wellington**

## **Useful items to donate to the Monastery:**

**A travel alarm to time meditations, with a large digital display**

**Wheel barrow**

**Magnifying glass**

**Thermometre**

**Secateurs**

**Plumbing skills**

**An electric hot water jug**

**Old carpet to use for weed matting**

## **Anumodana**

**We rejoice in the good kamma made by the following people:**

**Wanpen, Yat and friends for offering a water tank**

**Siri and Choola for a heater for Ajahn's kuti**

**Vinitha for offering mattresses and sewing covers for them**

**Stephen for a generous donation for the stupa**

**Richard for a generous donation for the stupa**

**Pushpa for wooden frames**

**Nacha for a laminator**

**Nina and Sunil for helping with the planting**

**Noom for building a roof over the office entrance**

**Victor and family for making a set of meditation cushions**

**By the power of the Buddha, Dhamma and Sangha, may this offering be a cause for you to realise the freedom and peace of Nibbana.**

## **Download the ATBA Chanting**

[ATBA Chanting](#)

[The Buddha's Words on Loving-kindness, the Metta Sutta](#)

[chant](#)

### **Vimutti [Pali]:**

**Release, liberation; freedom from the fabrications and conventions of the mind. The suttas distinguish between two kinds of release. Wisdom-release (*pañña-vimutti*) describes the fully enlightened mind of a Buddha or an Arahant. Awareness-release (*ceto-vimutti*) is used to describe either the unbounded but temporary liberation of mind in deep samadhi (*jhana*) or the supramundane state of samadhi**

**in the completely purified mind of a Buddha or an  
Arahant.**

## **Website**

**For complete information on Vimutti Buddhist  
Monastery and the ATBA, including maps, please  
see our website**

**[www.vimutti.org.nz](http://www.vimutti.org.nz)**

**We wish you all much benefit and  
happiness from practicing meditation  
and leading a good life.**